

Stress Regulation



CALM & NEURO-ADAPTIVE MOOD SUPPORT*

KEY BENEFITS

- Comprehensive nervous system and stress response support formula*
- Designed to promote calmness, emotional resilience, and nervous system balance*
- Supports HPA-axis, elevated cortisol, neurotransmitter imbalance, and sympathetic nervous system dominance*

PRODUCT DESCRIPTION

Stress Regulation is a comprehensive daytime formula designed to support stress regulation rather than a single stress pathway. It provides 150 mg of Sensoril® Ashwagandha—a clinically studied dose—to support stress adaptation and a healthy cortisol response without overemphasizing cortisol modulation.* GABA and L-Theanine support calming neurotransmitter activity and relaxed focus, while taurine and magnolia support GABA receptor activity and nervous system balance.* Saffron provides an additional layer of mood and emotional resilience

support, and lemon balm, magnesium glycinate, vitamin B6, and phosphatidylserine round out the formula's multi-pathway approach.* Together, these ingredients support calm in the moment and adaptive resilience with continued use.*

Stress Regulation also features BioActive Carbon® Technology which facilitates toxin removal and cellular energy, ensuring systemic resilience and long-term health.*

LABEL INFORMATION

Directions: Adults take 2 capsules daily, with or without food, or as directed by your healthcare professional. For best results, use consistently as part of your daily wellness routine.

CAUTION: Do not use if pregnant or nursing. Consult your healthcare professional before using this product if you are taking medication or have a medical condition. Some individuals may experience a calming effect. Store in a cool, dry place.

KEEP OUT OF REACH OF CHILDREN.

Sensoril® is a trademark of Natreon, Inc. and is protected under U.S. Patent 7,318,938.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

	Amount Per Serving	%DV
Vitamin B6 (as pyridoxal 5-phosphate)	3 mg	176%
Magnesium (as magnesium glycinate complex)	30 mg	7%
L-Theanine	150 mg	†
Sensoril® Ashwagandha Extract (<i>Withania somnifera</i>) (root, leaf)	150 mg	†
GABA (Gamma-aminobutyric acid)	125 mg	†
Taurine	100 mg	†
Magnolia Extract (<i>Magnolia officinalis</i>) (bark)	60 mg	†
Lemon Balm Extract (<i>Melissa officinalis</i> L.) (leaf)	50 mg	†
Saffron Extract (<i>Crocus sativus</i> L.) (stigma)	30 mg	†
Phosphatidylserine (from sunflower seeds)	25 mg	†
BioActive Carbon® Technology Fulvic Blend Humic Shale (containing Fulvic & Humic Acid)	10 mg	†

† Daily Value (DV) not established.

Other Ingredients: Vegetable Cellulose (Capsule), Microcrystalline Cellulose, L-Leucine Complex, Silica.

